

GUD MAWNIN!



Table Rock Restaurant The "New Normal" Breakfast Menu

DA FI WI EGGS

"These are our eggs"

Fresh from the farm & served with tropical fruit, juice, and bottomless coffee or tea

TABLE ROCK FARM EGGS 20.00

2 eggs cooked your way, crispy bacon, & thick slices of homemade toast

BELIZEAN BREAKFAST 22.00

2 eggs, refried beans, fry jacks, & crispy bacon

CAYO VEGGIE OMELETTE 24.00

Sauteed sweet peppers, tomatoes, onions & cheddar with a side of bacon & toast

BREAKFAST BURRITO 23.00

Handmade flour tortilla stuffed with scrambled eggs, refried beans, and cheddar with a side of crispy bacon

IF U NO SOH PECKISH

"If you're not very hungry"

Served with tropical fruit, juice, and bottomless coffee or tea

HOMEMADE GRANOLA 18.00

Made right here & served with your choice of yogurt or milk

TOAST & JAM 14.00

Thick slices of fresh toasted Table Rock baguette with butter and Belizean jam

LEE BIT A SHUGA

"Something a little sweet"

Served with tropical fruit, juice, and bottomless coffee or tea

CLASSIC PANCAKES 20.00

BANANA PANCAKES 22.00

Fluffy pancakes served with local organic honey and crispy bacon on the side

SUMTING SPESHIL

"Chef's Special"

Our culinary team's latest creation

CHANGES DAILY 24.00

Served with tropical fruit, juice, and bottomless coffee or tea

Prices in Belize Dollars

Please add 10% service charge & 12.5% sales tax



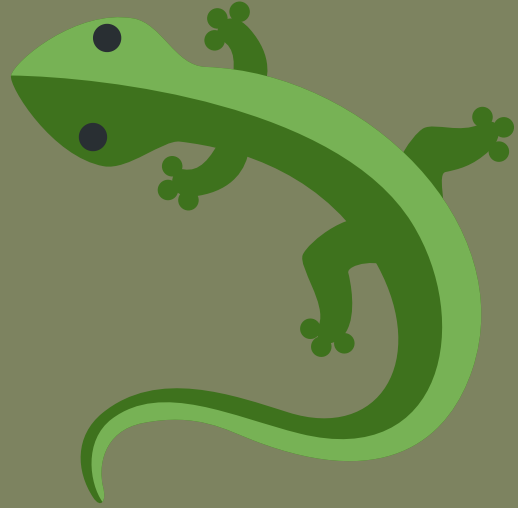


TABLE ROCK

Sustainable Jungle Lodge
Organic Farm
Restaurant

Just for kids

PENNE PASTA

with butter & cheese

BZ\$

\$11

QUESADILLA

beans & cheese, hold the veg

\$12

MINI PIZZAS

perfectly kid-sized

Cheese

\$9

Pepperoni

\$10

CHICKEN FINGERS & FRIES

kid-sized version

\$12

SIDE OF VEGGIES

broccoli, carrots, or cauliflower

\$2

SIDE OF FRUIT

fresh and sweet

\$3

KIDDIE COCKTAIL

Sprite, grenadine & Maraschino cherries

\$5

ICE CREAM

single scoop of deliciousness

\$5

Prices in BZD

Please add 10% service charge & 12.5% GST

The "New Normal" LUNCH & DINNER MENU

STARTERS

BZ\$

Fruit Medley

\$8

Chips & Salsa

\$11

QUESADILLAS

Bean & Cheese

\$12

Chicken, Bean & Cheese

\$15

SALADS

Greek

\$19

Market Grilled Chicken

\$23

HOUSE SPECIALS

Slow Smoked Pulled Pork

\$25

TR Cole Slaw, Fries & Tortilla

Crunchy Chicken Tacos

\$23

Sour Cream & Pico de Gallo

PIZZAS

Cheese

\$17

Pepperoni

\$19

Veggie

\$19

TABLE ROCK FAVOURITES

Grilled Pesto Chicken Wrap

\$23

Chicken Fingers

\$23

Crispy Fish & Chips

\$28

Favourites served with fries or salad

CHEF'S SPECIALS

New Options Every Day

\$30-\$56

Please ask your server

TABLE ROCK

Sustainable Jungle Lodge
Organic Farm
Restaurant

Prices in BZD

Please add 10% service charge & 12.5% GST