

GUD MAANIN!



Table Rock Restaurant The "New Normal" Breakfast Menu

DA FI WI EGGS

"These are our eggs"

Fresh from the farm & served with tropical fruit, juice, and bottomless coffee or tea

TABLE ROCK FARM EGGS 20.00

2 eggs cooked your way, crispy bacon, & thick slices of homemade toast

BELIZEAN BREAKFAST 22.00

2 eggs, refried beans, fry jacks, & crispy bacon

CAYO VEGGIE OMELETTE 24.00

Sauteed sweet peppers, tomatoes, onions & cheddar with a side of bacon & toast

BREAKFAST BURRITO 23.00

Handmade flour tortilla stuffed with scrambled eggs, refried beans, and cheddar with a side of crispy bacon

MAYAN BREAKFAST 24.00

2 Eggs cooked your way, sauteed Chaya with onion, re-fried beans, queso blanco, with a choice of handmade corn tortillas, fry jacks or flour tortilla and side of sausages or crispy bacon

IF U NO SOH PICKISH

"If you're not very hungry"

Served with tropical fruit, juice, and bottomless coffee or tea

Cereal Selections 18.00

Homemade granola served with your choice of yogurt or milk

OR

Corn or Bran Flakes served with milk

OR

Oatmeal served with cinnamon and local honey

LEE BIT A SHUGA

"Something a little sweet"

Served with tropical fruit, juice, and bottomless coffee or tea

CLASSIC PANCAKES 20.00

BANANA PANCAKES 22.00

Fluffy pancakes served with local organic honey and crispy bacon on the side

SUMTING SPESHAL

"Chef's Special"

Our culinary team's latest creation

CHANGES DAILY 24.00

Served with tropical fruit, juice, and bottomless coffee or tea

BAKED GOOD SELECTIONS 14.00

Toast & Jam - Thick slices of fresh toasted Table Rock baguette with butter and Belizean jam

OR

Pastry of the day - Please ask your server

Prices in Belize Dollars

Please add 10% service charge & 12.5% sales tax